Menu of Services



CUSTOM (INLCUDES 10 MIN STEAM)

THIS TREATMENT WILL BE CUSTOMIZED TO YOUR SPECIFIC NEEDS USING VARIOUS PRESSURE & TECHNIQUES

60 MIN \$100

90 MIN \$125



HAWAII CANNABIS CARE

PURE CBD ISOLATE IS DERIVED FROM THE HEMP PLANT AND ISOLATED TO CONTAIN SOLELY CBD, WITH NO THC OR PSYCHOACTIVE EFFECTS. IMPROVES TENSION, PAIN, STRESS, CIRCULATION, SKIN IRRITATION, SUN DAMAGE, INFLAMMATION, RESPIRATION, AGING SKIN, HAIR HEALTH \$10



DEEP TISSUE (INLCUDES 10 MIN STEAM)

REACHING THE DEEPEST LAYERS OF MUSCLE, FASCIA & TENDONS. HELPS ALLEVIATE PAIN, INCREASE MOBILITY, RELIEVE MUSCLE TENSION, RECOVER FROM REPETITIVE STRESSES & MUCH MORE.

60 MIN \$125

90 MIN \$150



AROMATHERAPY

CUSTOMIZE MASSAGE OIL WITH YOUR CHOICE OF ONE ESSENTIAL OIL FOR YOUR PERSONAL BALANCE. CHOICES: ROSEMARY, TANGERINE, LAVENDER, WILD CHAMOMILE, GRAPEFRUIT, SWEET ORANGE, PEPPERMINT, LEMONGRASS, TEA TREE, EUCALYPTUS \$10

ENHANCEMENTS



REFLEXOLOGY

A THERAPEUTIC METHOD OF RELIEVING PAIN BY STIMULATING PREDEFINED PRESSURE POINTS ON THE FEET AND HANDS. INCLUDES HOT TOWELS & PEPPERMINT FOOT SCRUB WITH HAND AND SCALP MASSAGE

30 MIN \$40

60 MIN \$75



SCALP MASSAGE

A RELAXING AND NOURISHING COCONUT OIL HEAD TREATMENT THAT IMPROVES THE CONDITION OF HAIR; COMBINED WITH NECK & SHOULDER MASSAGE . \$20



HEAD-TO-TOE

STAY AWHILE AND TAKE ADVANTAGE OF ALL THE SPA HAS TO OFFER! START WITH YOUR CHOICE OF EUCALYPTUS OR LAVENDER STEAM. NEXT, ENJOY A COCONUT OIL SCALP MASSAGE, FOLLOWED BY A DEEP TISSUE MASSAGE WITH YOUR CHOICE OF ONE ESSENTIAL OIL TO INFUSE WITH MASSAGE OIL, AND END WITH A MALIN+GOETZ PEPPERMINT FOOT SCRUB.

SINGLE \$150

COUPLE \$250



FOOT SPA

A GENTLE EXFOLIATING PEPPERMINT FOOT SCRUB. FOLLOWED BY HOT TOWELS. \$20

1188 Bishop Street, Suite 3003, Honolulu, HI 96813







MAKE JUICE NOT WAR!

Committed to using local and organic produce whenever available to supply your body with healthy nutrition. Made fresh daily with loving kindness and culinary flair.

Made fresh daily and menu changes according to availability of seasonal fruits.

Also serving Kusmi hot tea or Japanese matcha tea to help soothe your body and soul!



We are pleased to offer you Malin+Goetz beauty and bath products for your use in the shower or to freshen up after your treatment. Malin+Goetz is family-owned-andoperated, the original apothecary launched in NYC's Chelsea neighborhood in 2004, focusing on the needs of women and men with sensitive skin. Matthew Malin suffers from rosacea, eczema, seborrhea, fragrance allergies and dry skin. He and Andrew Goetz have developed easy-to-use treatments to be both gentle and effective for multiple skin conditions. Their advanced formulas blend trusted natural ingredients with performance technologies for the face, body and hair. Their products are all made in the U.S.A.

We have a curated inventory of Malin+Goetz products available for purchase in the spa. We love the products so much, we want to share them with you!



AN OASIS OF HOPE AND RENEWAL



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